## **Balboa Access Form COVID-19**

This form must be submitted by the customer to the location manager on the first visit after reopening at the reception. If possible, it should be printed and filled in at home and brought to the Balboa on the first visit.

## General behaviour rules



## Special behaviour rules for training at Balboa

- I show up for class on time.
- If I cannot/do not want to attend a booked class, I will cancel at least 12 hours before the class begins.
- If possible, I change at home/at work and enter the location ready for training.
- I follow the instructions of the Balboa staff.
- I consciously move and behave within the premises and keep 2m distance to other people.
- I disinfect my hands when entering and exiting, as well as before and after the use of training materials.
- I bring my own towel (no towel service).
- I leave my valuables, street shoes and jacket in the designated area.
- I stay within my group of 5 and also keep 2m distance to the other members.
- I avoid using the cloakrooms and showers.
- I disinfect my training material after use.
- I leave the location immediately after the training.
- If I experience symptoms, I notify Balboa and stay away from training.

## **Personal information**

Your details will be treated confidentially. With your signature, you confirm that you have read the behaviour rules, that you agree to them and that you will comply with them.

First name:	Surname:	Date of birth:
Phone:	Email:	
Date:	Signature:	